

ANNEX I

ELISABETH SCHAUER PhD MA MPH

SUMMARY

Elisabeth is a Public Mental Health Professional specialised in the field of Psychotraumatology, Women & Children's Health and Violence & Human Rights. She holds a *PhD in Clinical Psychology* with a focus on trauma treatment in crisis regions, an *M.A. in Education* and a *MPH with a focus on International Health*. Furthermore she has completed trainings in *Advanced Mediation Skills*, holds a post-graduate degree in *Adult Education* and is a certified *Client-Centered Counselor*, *Gestalttrainer* and *Gender Trainer*. Her professional focus on Global Health, led her towards the implementation of projects for adults and children in resource poor countries, mostly in Southern and Eastern Africa, combining issues of human-, women- and children's rights with public health interventions and rights-based policy formulation. She worked for organisations such as UNICEF, UNIFEM, WHO and UNAIDS, mainly in African, Eastern European, Central- and South Asian countries. Since 2001 Elisabeth has taken over the coordination of vivo <www.vivo.org>, an international NGO that aims at research, prevention and therapy of the consequences of traumatic stress on violence and conflict-affected individuals and communities. She is experienced in the conceptualisation of community-based mental health structures after conflict and disasters, including the implementation of evidence-based structures as well as the coordination, training, supervision of international as well as local staff teams.

EDUCATION

DEGREES

University of Konstanz, Konstanz, Germany

Department of Clinical Psychology and Neuropsychology

PhD in Clinical Psychology (Dr rer nat) magna cum laude, 2008

Concentration: Trauma Treatment in Crisis Regions

Yale University School of Medicine, New Haven, CT, USA

Department of Epidemiology and Public Health, Division of International Health

Master of Public Health (MPH) with Distinction, 1996

Concentration: Women's & Children's Health, Violence and Health, Health Promotion, Gender and Development

Philosophisch-Theologische Universität, München, Germany

Post Graduate Degree in Adult Education, 1993

Concentration: Personal Skill Development, Team Training and Leadership Skills

Ludwig-Maximilians Universität, München, Germany

Master of Arts (MA) with Distinction, 1991

Education Science, Psychology and Anthropology

CERTIFICATES

Conflict Resolution Centre, Cape Town, South Africa

Advanced Mediation Skills, October 1998

Gender and Development Training Centre, Haarlem, The Netherlands

Gender Trainer of Trainers, December 1997

Arbeitsgemeinschaft für Gruppentraining (AGB), St. Pölten, Austria

Gestalt Trainer (Perls/Petzold), 1991-1993

Gesellschaft für wissenschaftliche Gesprächspsychotherapie (GwG), Köln, Germany

Client Centred Counsellor (Rogers), 1989-1991

Outward Bound School, Berchtesgaden, Germany

Outdoor Education Instructor, September 1987

EXPERIENCE

Director

Jan.01 – present

vivo international (fondazione vivo onlus, Cupramontana, Italy; vivo e.V., Konstanz, Germany; vivo Uganda, Gulu, Uganda)

Headquarter

- Overall coordination of vivo www.vivo.org, an international NGO that aims at research, prevention and therapy of the consequences of traumatic stress on violence and conflict-affected individuals and communities. Tasks include: management and implementation of vivo's programme areas: research, project development, training, advocacy and exchange of information and partnership building, fundraising and public relations (press work).

- Ongoing facilitation of trainings and seminars on treatment of trauma spectrum disorders (PTSD, Depression, Grief, Suicidality) for expert psychologists, social workers, psychiatrists, health personnel as well as lay counsellors in field project missions.
- Ongoing psychotherapeutic treatment of child and adults survivors of organised violence, torture, war and natural disasters, in field projects as well as University of Konstanz, Outpatient Clinic, Germany.
- Ongoing supervision, intervision and training on peer-support, within the vivo branches as well as other humanitarian agencies, such as Medecins sans Frontieres (MSF).
- **Special project missions** (among other):
2009 planning, coordination, implementation and funding acquisition for a Worldbank sponsored counsellor training and supervision (traumatherapy, psychodiagnostics, referral) pilot project in the Democratic Republic of Congo, North- and South Kivu provinces with a special focus on gender-based violence and support to female survivors of rape and other cruel rebel-led torture.
2005-2009: coordination and funding acquisition for a EU-funded Multi-Centre NETWORKing Project between University of Konstanz, Germany, University of Oxford, UK, University of Louvain, Belgium and vivo international for the build-up of a trans-national research network for the improvement of mental health service provision of EU-received refugees and asylum seekers.
2008 participation and project support to a RCT on psychological rehabilitation for widows and orphans of the genocide, Butare, Rwanda.
2007-08 planning, conceptualisation, implementation support and funding acquisition for a the Rwanda Demobilisation and Reintegration Commission (RDRC) as well as the Rwandan Ministry of Health for the build-up of a national mental health & psycho-social service structure for former combatants, as well as all other severely affected community members.
2005: coordination and funding acquisition of a post-Tsunami disaster relief mission in Sri Lanka (deployment of 575 trained counsellors);
2005: support and training for the build-up of 15 counselling centres & implementation of a school-based mental health survey in Kabul, Afghanistan;
2004-2009: participation and funding acquisition for the development and implementation of a large-scale psycho-therapeutic rehabilitation program for formerly abducted children and affected IDP camp populations in Northern Uganda.
2003: participation in the development and implementation of a large research and therapeutic treatment study for traumatized adults and children in Nakivale Refugee Camp Uganda for Rwandese and Somali populations (1400 refugees interviewed, 150 adults and children treated); participation in the conceptualisation of a community- based mental health service component for ex-combatants within the EU/GTZ Demobilization Programme in Somalia;
2002-2006: coordination and funding acquisition for the development & implementation of a large school psychological structure and teacher expert training for all trauma affected school children in the North-Eastern region of Sri Lanka (1500 teachers trained and supervised);
2001: participation in a traumatic stress assessment in Sudanese refugees in a Northern Ugandan refugee camp (1530 refugees interviewed, 90 trauma treatments carried out);

Consultant
Nov 01 - July 02

Joint United Nations Programme on HIV/AIDS (UNAIDS), Geneva, Switzerland
Headquarter

- Assisted the Department of Country and Regional Support (CRD) in the development of its first Department Strategic Management Plan (DSMP). Tasks included: conceptualization, drafting and finalization of the plan; including coordination of a fully consultative process with partners, field/headquarter staff and the DSMP Advisory Committee.
- Revised and updated the "Resource Guide for Theme Groups – Working Together on HIV/AIDS" for the UNAIDS' Department of Country & Regional Support; this guidebook serves UNAIDS Country Programme Advisors, UN Resident Coordinators and the UN Cosponsor Group, as well as expanded forums to carry out the sum of AIDS related work at country level in support of an effective National Response.

Short Term Professional

Oct.00 - Dec.00

World Health Organisation (WHO), Geneva, Switzerland

Regional Office for Europe, Copenhagen

- Assisted the Regional Advisor for Child and Adolescent Health and Development in all areas relating to WHO-EURO's work on Child Protection and Child Rights; in particular, representation of WHO in regional conferences, meetings and field visits, as well as the conceptual development of country specific interventions on child protection in Member States (especially Romania and Central Asia).

Consultant

Jul.99 – April 00

United Nations Children Fund (UNICEF), New York, USA

Country Office Uganda, Kampala

- Assisted the Senior Programme Coordinator in the conceptualization, coordination and finalization of the first human rights-based UNICEF/Government of Uganda (GoU) Country Program for the years 2001-2005.
- Assisted all programme sections in the drafting of strategy papers and programme plans of operations; coordinated sector and inter-sector meetings, organized workshops and seminars with GoU counterparts and other programme partners; zero-drafted the country strategy note; and assisted the various programme sectors in the process of transition from one country programme to the next.

Consultant

Feb. 99 - May 99

ISIS-WICCE (Women's International Cross-Cultural Exchange), Kampala, Uganda.

- Independently developed a curriculum for this international NGO's planned 'African Institute for Gender, Leadership and Psycho-Social Awareness'.
- Designed and facilitated a Gender Training session for ISIS-WICCE staff.

Regional Prog. Officer

Feb. 97 – Jan. 99

United Nations Development Fund for Women (UNIFEM), New York, NY, USA.

Southern African Regional Office, Harare, Zimbabwe.

- Assisted the Regional Programme Advisor in carrying out UNIFEM's mandate on women's human rights (i.e. facilitating the implementation of CEDAW and PFA); women's economic empowerment; women, governance and leadership and gender mainstreaming.
- Responsibilities included organising UNIFEM's campaign on the Elimination of Violence against Women; reviewing and developing programmes in the region; following-up, co-implementing and evaluating ongoing programmes; conducting field visits in the region's 14 countries; liaising, disseminating information and networking with NGOs, women's groups, the women's movement and relevant Government Ministries in the region; organising press-conferences and panels on issues of concern; advocating and lobbying for women's issues and gender mainstreaming in the region; organising activities for the UN Gender Working Group, the interagency Gender Forum as well as supporting and technically backstopping the work of Gender Focal Points within other UN-agencies in the region; acting as a facilitator in regional Gender and Development training and workshops.

Consultant

Oct. 96

Deutsche Gesellschaft für Technische Zusammenarbeit (GTZ), Eschborn, Germany.

Country Office, Baku, Azerbaijan.

- Researched and profiled the health sector and the general public health situation in Azerbaijan as part of an overall situation analysis for the identification of areas for GTZ's emergency assistance to Azerbaijan and Georgia.

Teaching Assistant

Sep. 95 – Dec. 95

Yale University School of Medicine, New Haven, CT, USA.

Department of Epidemiology and Public Health, Division of International Health

- Teaching Assistant to Prof. Lowell Levin, Head of the Division of International Health. Responsibilities included moderating seminars, student counselling and grading.

Project Consultant

Jun. 95 – Aug. 95

South East Rangelands Project (SERP), Jijiga, Somali National State, Ethiopia.

Women's Development Unit

- Assessed the needs of Somali refugee women and their families and assisted in the implementation of appropriate interventions in collaboration with United Nations High Commission for Refugees (UNHCR), Save the Children Foundation (SCF-UK), Ministry of Agriculture and the Administration for Refugee and Returnee Affairs (ARRA - Govt. of Ethiopia). Independently, researched the health implications and impact of female genital

Project Consultant Jan. 93 – May 95	<p> mutilation among the Somali population in Jijiga. Authored the thesis 'Paradigm Shift in Female Genital Mutilation - A Project Proposal from Ethiopia.' United Nations Children's Fund (UNICEF), New York, USA. <i>Health Promotion Unit</i> <ul style="list-style-type: none"> Co-authored a conceptual framework for an integrated approach to the problem of violence among adolescents. Recommended prevention and intervention strategies for global programmes to be implemented by UNICEF. Resulting publication: 'The Impact of Violence on Youth Health and Development', UNICEF 1995. </p>
Counsellor Dec. 93 – Jun. 94	<p> Home Nursing Care Association, Konstanz, Germany. <ul style="list-style-type: none"> Independently cared for terminally ill patients who chose to die at home, by offering individual counselling and basic medical treatment. Also provided psychological support to their families. </p>
Instructor Sep. 91 & Sep. 92	<p> INSEAD Management School, Fontainebleau, France. <ul style="list-style-type: none"> Tutored groups of managers from several European countries in effective team building and leadership skills, using outdoor-based team experiences, reviews and feedback techniques. </p>
Coordinator 1988 - 1993	<p> European Youth Parliament (EYP), Brussels, Belgium. <ul style="list-style-type: none"> Semi-annually instructed and tutored groups of young people (aged 16-21) from all European and eastern European countries in effective team building using outdoor-based team experiences, reviews and feedback techniques. Events took place in Germany, France, Belgium, Hungary, Poland, Luxembourg and Greece. </p>
Instructor/Tutor 87 - 88	<p> Outward Bound School, Ullswater, United Kingdom; Chimanimani, Zimbabwe and Berchtesgaden Germany <ul style="list-style-type: none"> Facilitated various team building & leadership courses using outdoor education methods, such as (ski-)mountaineering, climbing and white water kayaking for diverse groups of participants such as organisational leaders/managers; physically challenged youngsters as well as able bodied adolescents. </p>

SKILLS & INTERESTS

Experienced in results-based programme development and management.
 Accomplished in application of evidence-based psycho-therapeutic approaches.
 Motivational team/process facilitation and coordination skills.
 Developed interpersonal and communication skills.
 Experienced working in multi-cultural, diverse organisational environments.
 Applied research and analysis skills.
 Fluent in English and German; good knowledge of French.
 Interests include mountaineering, running, yoga and healing arts.

AFFILIATIONS/AWARDS

Awardee, Yale School of Medicine & Global Health, Eric W. Mood Award for Promising new Professionals, 2006.
 Stipend, DAAD (German Academic Exchange Service), 1995.
 Member, European Society for Traumatic Stress Studies, Berlin, Germany.
 Member, Students Without Borders, Yale University, New Haven, USA.
 Associate, Gender & Development Training Centre, Haarlem, The Netherlands.
 Member and Founding member of vivo e.V. Germany, vivo onlus Italy and vivo Uganda.

PUBLICATIONS

Schauer, E. & Schauer M., Trauma-focused public mental health interventions – a paradigm shift in humanitarian assistance and aid work, Paper submitted for publication.

Odenwald, M., Hinkel, H., **Schauer, E.**, Schauer, M., Elbert, T., Neuner, F., & Rockstroh, B., The use of the central stimulant khat and post-traumatic stress disorder act as risk factors for psychotic symptoms: outcomes of a cross-sectional study among Somali combatants. Paper submitted for publication.

Catani, C., **Schauer, E.**, Elbert, T., Missmahl, I., Bette, J.P., Neuner, F., War trauma, child labor and family violence: Life adversities and PTSD in a sample of school children in Kabul. Paper submitted for publication.

Ruf, M., Winkler, N., Belayneh, K., **Schauer, E.**, Ertl, V., Elbert, T., Neuner, F., Childhood traumatic grief in HIV/AIDS-orphaned – are psychotherapeutic interventions really needed? Paper submitted for publication.

Ruf, M., Schauer, M., Neuner, F., Catani, C., **Schauer, E.**, Elbert, T., KIDNET – Narrative Exposure Therapy for 7 to 16-year-olds: a randomized controlled trial with traumatized refugee children. Paper submitted for publication.

Onyut, P.L., Neuner, F., Ertl, V., **Schauer, E.**, Odenwald, M., Elbert, T., Trauma, poverty and mental health among Somali and Rwandese refugees living in an African refugee settlement – an epidemiological study. Paper submitted for publication.

Catani, C., Gewirtz, A.H., Wieling E., **Schauer, E.**, Elbert, T., Neuner, F., Tsunami, war and cumulative risk in the lives of Sri Lankan school children. Paper submitted for publication.

Catani C., Mahendran, K., Ruf M., **Schauer E.**, Elbert T., Neuner F., Treating children traumatized by war and Tsunami: A comparison between exposure therapy and meditation-relaxation in North-East Sri Lanka. Paper submitted for publication.

Elbert, T., Schauer, M., **Schauer, E.**, Huschka, B., Hirth, M., Neuner, F. (2009), Trauma-related impairment in children – an epidemiological survey in Sri Lankan provinces affected by armed conflict. *Child Abuse and Neglect*, 33, 283-246

Winkler, N., Pfeiffer, A., **Schauer, E.**, Ertl, V. (2008) Formerly abducted and war-affected children in the classroom – implications for educational, social and psychological rehabilitation for successful re-integration and reconciliation in Northern Ugandan schools. A vivo/Windle Trust survey report. December 2008. Available at info@vivo.org.

Schauer, E. (2008), Trauma Treatment for Children in War. Build-up of an evidence-based large-scale mental health intervention in North Eastern Sri Lanka. Dissertation (PhD) thesis, February 2008, University of Konstanz, Konstanz, Germany, Department of Clinical Psychology & Neuropsychology, url: <http://www.ub.uni-konstanz.de/kops/volltexte/2008/5424/>

Neuner F, Onyut PL, Ertl V, Odenwald, M, **Schauer E**, & Elbert, T (2008) Treatment of posttraumatic stress disorder by trained lay counselors in an African refugee settlement - a randomized controlled trial. *J Consult Clin Psychol*, August 1, 2008; 76(4): 686-94.

Neuner, F., Catani, C., Ruf, M., **Schauer, E.**, Schauer, M & Elbert, T. (2008) Narrative Exposure Therapy for the treatment of traumatized children and adolescents (KidNET): From neuro-cognitive theory to field intervention. *Child and Adolescent Psychiatric Clinics of North America*. Refugee Mental Health. 17 (2008) 641-664

Catani, C., Jacob, N., **Schauer, E.**, Mahendran K., Neuner, F., (2008) Family violence, war, and natural disasters: a study of the effect of extreme stress on children's mental health in Sri Lanka. *BMC Psychiatry*, 8:33; doi:10.1186/1471-244X-8-33

Catani, C., **Schauer, E.**, Neuner, F. (2008) Beyond individual war trauma: Domestic violence against children in Afghanistan and Sri Lanka. *Journal of Marital and Family Therapy*, Vol. 34, No. 2, 165-176

Ruf, M., Schauer, M., Neuner, F., **Schauer, E.**, Catani, C. & Elbert, T. (2008). KIDNET – Narrative Expositionstherapie (NET) für Kinder. In: M.A. Landolt & T. Hensel, *Traumatherapie bei Kindern und Jugendlichen*. Göttingen: Hogrefe

Verlag.

Odenwald, M., Hinkel, H., **Schauer, E.**, Neuner, F., Schauer, M., Elbert, T., et al., (2007) The consumption of khat and other drugs in Somali combatants: A cross-sectional study. *PloS Med* 4(12): e341.doi:10.1371/journal.pmed.0040341

Odenwald, M., Hinkel, H. & **Schauer E.** (2007), Challenges for a future reintegration programme in Somalia: Outcomes of an assessment on drug abuse, psychological distress and preferences for reintegration assistance. *Intervention, Intervention- International Journal of Mental Health, Psychosocial Work and Counselling in Areas of Armed Conflict* 2007, Vol 5, Number 2, pp 109-123

Neuner, F., **Schauer, E.**, Catani, C., Ruf & Elbert, T. (2006) Post-tsunami Stress: A Study of Posttraumatic Stress Disorder in Children Living in Three Severely Affected Regions in Sri Lanka, *Journal of Traumatic Stress*, Vol. 19 (3), 339-347

Onyut, PL., Neuner, F., **Schauer, E.**, Ertl, V., Odenwald, M., Schauer, M., & Elbert, T. (2004), Narrative Exposure Therapy as a treatment for child war survivors with posttraumatic stress disorder: Two case reports and a pilot study in an African refugee settlement. *BMC Psychiatry* 2005, 5:7

Onyut, PL, Neuner F, **Schauer E**, Ertl V, Odenwald, M, Schauer, M, Elbert T (2004) The Nakivale Camp Mental Health Project: Building local competency for psychological assistance to traumatised refugees. *Intervention - International Journal of Mental Health, Psychosocial Work and Counselling in Areas of Armed Conflict* 2004, 2:90-107

Schauer, E., Neuner, F., Elbert, T., Ertl, V., Onyut, L. P., Odenwald, M., et al. (2004). Narrative exposure therapy in children: a case study. *Intervention - International Journal of Mental Health, Psychosocial Work and Counselling in Areas of Armed Conflict*, 2(1), 18-32.

Schauer, E. (1996), *Paradigm Shift in Female Genital Mutilation: A case study from Ethiopia*, MPH Thesis, Yale University, School of Medicine

Schauer, E. (1995), et al., *The Impact of Violence on Youth Health and Development*, UNICEF Publication

CONFERENCE TALKS

Schauer, E., Catani, C., Mahendran, K., Ruf, M., Schauer, M., Neuner, F., Somasundaram, D., Rockstroh, B., & Elbert, T. (2007) *Treatment of psychological Trauma in Children after War in North-Eastern Sri Lanka: KIDNET vs Meditation/Relaxation – a Dissemination RCT*. ISTSS, Chicago, November 2008.

Schauer, E., Catani, C., Kohila, M., Ruf, M., Schauer, M., Neuner, F., Somasundaram, D., Rockstroh, B., & Elbert, T. (2007) *Treatment of psychological Trauma in Children after War in North-Eastern Sri Lanka: KIDNET vs Meditation/Relaxation – a Dissemination RCT*. ECOTS, Opatija, Croatia, June 2007.

Odenwald, M., Hinkel, H., **Schauer, E.**, Neuner, F., Schauer, M., Elbert, T., Rockstroh, B. (2007) *The effects of khat and posttraumatic stress on psychotic symptoms: a study in Somalia*. ECOTS, Opatija, Croatia, June 2007.

Catani, C., Jacob, N., **Schauer, E.**, Kohila, M., Elbert, T. & Neuner, F. (2007). War, Tsunami and Domestic Violence – a dose effect of traumatic stress in Tamil children in Sri Lanka. The 10th European Conference on Traumatic Stress, Opatija, Croatia.

Schauer, E., Catani, C., Kohila M., Somasundaram, D., Elbert, T., Neuner, F., Rockstroh, B. (2006), *Die Behandlung von psychischem Trauma bei Kindern nach Krieg in Nord-Ost Sri Lanka: Vergleich von KIDNET und Meditation/Relaxation (Treatment of psychological Trauma in Children after War in North-Eastern Sri Lanka: Comparison of KIDNET vs Meditation/Relaxation)*, DGPPN (German Society for Psychiatry, Psychology & Neurology), Berlin, Germany, December 2006

Catani, C., **Schauer, E.**, Missmahl, I., Hirth, M., Elbert, T. (2006). *Traumatic Stress, Domestic Violence and Child Labour – an epidemiological survey among school children in Kabul*. International Conference of the World Psychiatric Association (WPA), Istanbul, Turkey, 2006.

Schauer, E., Catani, C., Kohila M., Ruf, M., Somasundaram, M., Hirth, M., Schauer, M., Rockstroh, B., Elbert, T., Neuner, F. *War and Tsunami – Epidemiology of the 'Building Block' of PTSD Symptoms and Treatment of affected Children with KIDNET in Sri Lanka's coastal Region*, conference presentation, DeGPT (German Society for Psychotraumatology), Dresden, September 2005

Onyut, P.L., Neuner, F., **Schauer, E.**, Schauer, M., Elbert, T., *The Nakivale Refugee Camp Project: Building Capacity to Provide Trauma Intervention in an African Refugee Camp*, conference presentation, ESTSS (European Society for Traumatic Stress Studies), Stockholm, June 2005

Schauer, E., Ruf, M., Catani, C., Onyut, P.L., Gotthardt, S., Schauer, M., Rockstroh, B., Elbert, T., Neuner, F. *Symptoms of PTSD in Sri Lankan children affected by the Tsunami*, conference presentation, ESTSS (European Society for Traumatic Stress Studies), Stockholm, June 2005

Schauer, E., Kohila, M., Catani, C., Onyut, P., Elbert, T., *Building Local Capacity for Mental Health Service Provision in the Face of Large-Scale Traumatization: a Cascade Model from Sri Lanka*, ESTSS (European Society for Traumatic Stress Studies), Stockholm, June 2005

Catani, C., **Schauer E.**, Onyut, P.L., Schneider, C., Frank, N., *Prevalence of PTSD and Building Block Effect in School Children of Sri Lanka's North Eastern Conflict Areas*, conference presentation, ESTSS (European Society for Traumatic Stress Studies), Stockholm, June 2005

Catani, C., Kohila M., Neuner, F., Ruf, M., Schauer, M., Elbert, T., Somasundaram, D., **Schauer, E.** *Treating children shattered by war and natural disaster: A controlled clinical trial in Sri Lanka's North-Eastern coastal region affected by the Tsunami*, conference presentation, ESTSS (European Society for Traumatic Stress Studies), Stockholm, June 2005

Ertl, V., Onyut, L.P., Neuner, F., **Schauer, E.**, Elbert, T., *Reliability and Validity of Instruments for the Assessment of Post-Traumatic Stress Disorder in an Ugandan Refugee Camp*, conference presentation, ESTSS (European Society for Traumatic Stress Studies), Stockholm, June 2005

Odenwald, M., **Schauer, E.**, Hinkel, H., *War-related Trauma, Drug-Consumption and Paranoid Symptoms among Somali active Militia*, conference presentation, ESTSS (European Society for Traumatic Stress Studies), Stockholm, June 2005

Schauer, E., *Practical Approaches to Trauma Treatment for Refugees: Narrative Exposure Therapy*, Invited Conference Talk, Equator Symposium for Traumatized Refugees "Babel 2005", University of Amsterdam, The Netherlands, March 2005